



EDITOR'S NOTE

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GUIDANCE**

Your comments,
questions,
suggestions, stories
and to subscribe to the
Homa Health
Newsletter, please
write to
Abel Hernández &
Aleta Macan:
terapiahoma
@yahoo.com
Thank you!

TO BE or NOT TO BE

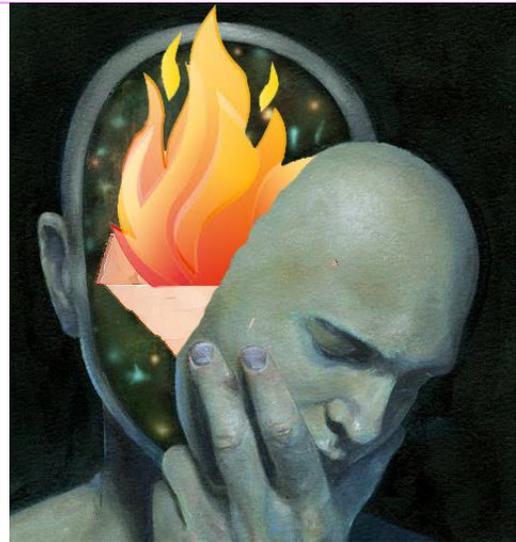
Someone could say, that this title does not apply to our reality because "you already are".

Perhaps "Wanting or Not Wanting" would be more appropriate title since this is the cause in a great part of our Personal Film (drama, comedy, adventure, etc.).

By practicing Swadhyaya (Self-study), we realize that "Wants or Wishes" are forces that create our circumstances. If we like the "ice cream", we try to get it. Yes, our effort is directly proportional to our passion and we prepare ourselves to face the difficulties without hesitation. The self-study also shows us how the **"Wants or Wishes" appear only as long as the "Ego" (small self) exists.** This is connected with the **"I"** and the **"Mine"**. These in turn are linked to the **"Feelings"**. And these feelings change with the phases of the moon, like the ups and downs of a roller coaster in an amusement park. By the way, **our "Aversions" are also forces in the opposite direction that are linked to the "Ego", the "Feelings" and the "Emotional States".**

Thus, it would seem that:

- 1) We are born to be slaves of a changing mind
- 2) Joys and sorrows alternate incessantly
- 3) The manic-depressive state is a daily norm



The Fivefold Path leads us from Illusion to Truth.

Is there any way out of this circle of "Normal Madness"?

The Spiritual Scientists, Saints and yogis say: Yes, yes, yes.

- We can learn to live in this world without being part of it.
- We can learn to walk on water (mastering of emotions) without sinking.
- We can be "witnesses" of events
- We can achieve "detachment"
- We can be "free of wishes", - Etc.

But how to achieve all this?

The Essence of all the Answers is found on the Fivefold Path (Yagnya, Daan, Tapa, Karma and Swadhyaya).

This is not a simple intellectual response. It is a practical solution and today there are many living testimonies in different parts of the world.

Note: Remember that everything has a price. However, for the price of a candy, the benefits of the Fivefold Path are within everyone's reach. *What are you waiting for?*

**OM FIVEFOLD PATH OM
OM SHREE OM**

HOMA HEALING STORIES

Silvia Giraldo

Santa Elena, Antioquia, Colombia, S. America

I have an experience with my **kitten**, which has been with me for 10 years. A few days ago, she appeared with some **injuries on her neck**. I could not find what to put on her because she is very wild. So I took some **ghee and prepared a cream with the Agnihotra ash** and applied this quickly and nothing else, because she did not allow me to do anything more. **After 8 days, she was completely healed**. She recovered her fur and she is perfect. It was a single and fast application!



(Mrs. Silvia Giraldo is the first lady from the right, in front of Agnihotra.)



Amaris Villada

Armenia, Quindío, Colombia, South America

I learned about Homa Therapy last year, in the month of June. I arrived at the BoticaSol with a **high level of stress. My mind was totally clouded and I practically did not want to live**. The first experience, thanks to Homa Therapy, was that I was starting to feel calm. **I took the Agnihotra ash and slept peacefully for the first night in a long time**. Before, when I was sleeping, I heard everything that went on around me, the motorcycle that passed by, even a cockroach, etc. I was aware of everything.

And I woke up much more tired than before going to sleep. **I had always negative thoughts, bad temper and anger towards everyone**.

For work reasons, I left Armenia for 5 months in order to go to the region of Cauca. There, I also was exposed to a lot of stress. I returned to Armenia in the month of December. **I felt as something was squeezing my head. I went back to do Agnihotra, took the Agnihotra ash and began to feel calm again**.

For the last month, I have been doing Agnihotra. It brings good feelings of happiness and joy.

In my house, we have also been a little calmer. We are consuming the Agnihotra ash in salt and sugar, in hot chocolate, etc. This made us calmer and even our dogs don't bark that much anymore.

Nurse Alicia Tamayo

Medellin, Antioquia, Colombia, South America

I live in a town near Medellin and work in a hospital. **I was blessed to know Homa Therapy since many years ago**. I am not the most disciplined person, but my purpose is to start soon again because the testimonies with this Homa Therapy are beautiful. In the hospital, **I know patients who have come with ulcer problems, gout and patients with wounds that did not close with any conventional treatment, but they were healed with Agnihotra ash**.



HOMA HEALING STORIES

Jeiber Gallegos
Yoga instructor,
Medellin, Antioquia, Colombia, South America



Twenty years ago, I attended a session of Homa Therapy in Popayan. And it did not attract my attention. It seems that it was not meant for me at that time.

But when I saw Abel and Aleta on the Telecafé channel in an interview in Manizales with Dr. Jorge Rojas, I got stuck to the television because I am interested in everything that can help the human being. I practice therapeutic Yoga, and work with state insurance hospitals and clinics.

Then I started searching the Internet and found the website www.terapiahoma.com. So I got in touch with the BoticaSol in Armenia and went to the **Homa Festival at the Red Cross** in that city. There, I heard many live testimonies of healing, even someone gave a testimony of his puppy. The whole Festival seemed wonderful to me and **I felt a deep peace and inner joy.**

After this experience in Armenia, I said that this therapy must be brought to Cali.

By the way, I went in the company of a teacher to the Homa Festival in Armenia, who have had **pain in one knee, an inflammation** for a long time. I have done for her a certain type of therapy and she improved for a while, but then the pain had returned. **After the Homa Festival, she did not have the pain anymore** and after 8 days, when we met again, she told me that she had not had the pain nor the inflammation. She asked me, how do I continue with Homa Therapy? I said, we have to get some Agnihotra kits and start doing it.

Since then, I am very disciplined with the practice of this healing technique. I do Agnihotra in the morning at sunrise and in the evening at sunset every day.

I had a rebellious cough, but after 3 days **with Homa Therapy it disappeared completely.**

Another interesting thing, which I already mentioned to my mom, is that in the area where I live, **at night, there is usually a lot of noise**, because many people drink and take drugs and have their cars with very loud music. **A week later, I realized that the noise was gone.** Last night, Saturday, it was very quiet and people usually go on all night.



Maria Elena Antolinez Ortega
Bucaramanga, Santander, Colombia, South America

I had an **accident and I broke my knee**. I was in a hospital for 15 days and I suffered **stomach aches**. When I left the hospital, I met Miriam from the D'Pachamama restaurant. She invited me to a **healing session with Agnihotra**, which I attended and she gave me **its healing ash**. Afterwards, she kept providing me with this **Agnihotra ash for one year** and I took it regularly with great **results: I got thinner, my digestion got better, my hair grew and I went into meditation very easily. I did not meditate before, but I began to meditate.** Even though I did not practice this technique, **but by simply taking the Agnihotra ash, my life was changed. It changed my digestion, it changed my body, it changed my mind.**

I have only participated 3 times in the practice of Agnihotra, but **tomorrow I will practice it with my own pyramid!** I have been much attuned to Homa Therapy these days and it is wonderful! I'm very grateful! Because I really do notice the vibration, I can see at an energetic change is happening.

My niece had a very strong colitis and I gave her **one shot of Agnihotra ash and she healed completely.** Recently another **very delicate girl suffering from the colon, went to D'Pachamama and took the Agnihotra ash and she was also healed.**

HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Sachin Gadkari
Belgaum, Karnataka, India



I practice Agnihotra since 2010.

I stayed in a room, which had been vacant for a long time. There were some rooms in the back of the house, but nobody stayed there. At night, no one wanted to go to the backyard, behind the rooms, due to fear of the unknown, since it was a long-time abandoned space.

In the backyard, there were a Jack-fruit tree, a chikoo tree and three small hibiscus plants and a large mango tree. **When I moved here in December 2008, not a single tree was having flowers or giving fruits. Then, I came to know Homa Therapy and we started with the practice of Agnihotra in January 2010. We did it regularly at sunrise and sunset. We also gave Agnihotra ashes to the plants of this backyard.**

In the summer of 2011, we found that the jack fruit tree carried 8 fruits. The chikoo plant had several fruits and it was almost unbelievable how the mango tree gave us 70 mangoes! Then, the monkeys also started to visit this backyard.

The hibiscus plants had beautiful lavender flowers.

And little by little, the fear of the unknown also disappeared and we started having tea and dinner in the backyard.

DAfter several years of enjoying this newly conquered space through the practice of Homa Therapy, I left in 2015.

What I can say for sure is that **Agnihotra works miracles!**

In my new home, I continue with this practice.



Mr. Sachin in front of Agnihotra



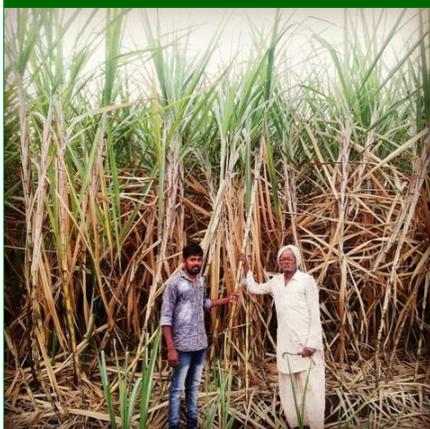
Jack Fruits



Chikkoo Fruits



Hibiscus flowers



Sambhaji Jadhav
Hingangaon Khurd, Maharashtra, India

Mr. Sambhaji Jadhav has **successfully cultivated sugarcane using Agnihotra and organic farming methods (Panch Gavya).**

His parents and the rest of his family helped him make this successful attempt.

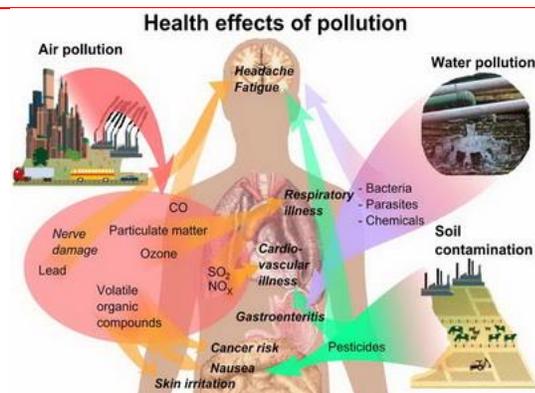
(Photo: Mr. Sambhaji and his crop of organic sugar cane, applying Homa Super-Technology.)

Ambient Air Pollution

Air pollution is the leading environmental health risk in the Americas (WHO, 2016a). The World Health Organization estimated that one out of every nine deaths worldwide is the result of ambient air pollution-related conditions.

...On the other hand, healthy choices such as healthier diets including increased consumption of plant-based food and reduced consumption of red/processed meats have immediate health benefits, while lessen the demand for livestock products, which is associated with emissions of methane. To read full article, please see:

https://www.paho.org/hq/index.php?option=com_content&view=article&id=12918:ambient-air-pollution&Itemid=72243&lang=en



Climate change could pose 'existential threat' by 2050: report

CNN

Twenty days of lethal heat per year. Collapsed ecosystems. And more than 1 billion people displaced. Those are all probable scenarios that could devastate societies by 2050 if swift and dramatic action isn't taken to curb climate change, according to a think tank report

backed by a former Australian military chief.

More info: <https://edition.cnn.com/2019/06/04/health/climate-change-existential-threat-report-intl/index.html>

Cone Shaped Spinning Solar Cells Generate 20 Times More Electricity Than Flat Photovoltaics

Every now and then a design comes along that just turns the whole world upside down with a claim so fantastic it's hard to believe. It's a conical shaped collection of photovoltaic cells arranged in an angular array. The array is designed to be the most efficient way to capture the sun's energy. To read article, please see:

<https://offgridworld.com/cone-shaped-spinning-solar-cells-generate-20-times-more-electricity-than-flat-photovoltaics/>



San Pedro - A Mayan village is winning the fight against plastic pollution

May 26th, 2019

On the shores of the majestic Lake Atitlán in the highlands of southwestern **Guatemala**, the small village of San Pedro La Laguna has quietly become a national leader on one of the world's most pressing environmental challenges: plastic pollution.

After consulting with the community and religious leaders, Mauricio Méndez, the mayor of the village, got municipal approval for a ban on the sale and distribution of disposable plastic bags, straws, and expanded polystyrene containers. In so doing, San Pedro La Laguna became the first community in Guatemala to rid itself of single-use plastics. For more info and video see:

<https://www.unenvironment.org/news-and-stories/story/mayan-village-winning-fight-against-plastic-pollution>

EVENTS in MEDELLIN, ANTIOQUIA, COLOMBIA, SOUTH AMERICA



The next stop for the **Homa Colombia Tour 2019** was **Medellin, Antioquia** - in the company of **Mother Dora** from the BoticaSol. In Medellin, **Ana Maria Betancur** and **Maria Fernanda Leon** had organized some meetings.

First, we visited **Dr. Martha Rodriguez** in the **La Palma sector**. She had invited some of her patients and friends to learn more about Homa Therapy through the audiovisual presentation with Prof. Abel and Aleta.

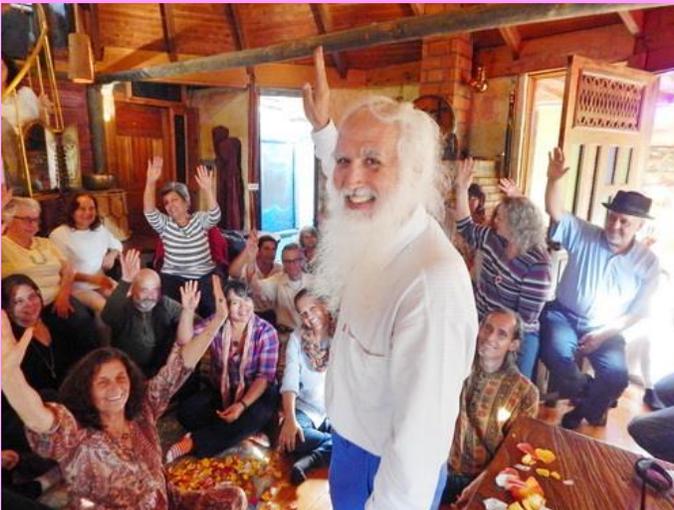
During the practice of Agnihotra in her beautiful garden, we meditated and enjoyed the sounds of birds and nature. Then Prof. Abel answered many questions about this healing technique and the applications of its healing ashes.

(Photo above during the Homa presentation and below during Agnihotra.)



Dr. Martha is practicing this Homa healing technique since several years. She learned it with **Juan Ojeda** from Chile. She now practices it once a week with low-income patients who do not have the possibility of expensive treatments or medications. She provides this service and the healing Agnihotra ash with great success and free of charge.

EVENTS in SANTA ELENA, ANTIOQUIA, COLOMBIA



Through **Ana Maria Betancur** we arrived at the **Terra Monastery of Santa Elena**, one hour from Medellin, nestled in between the beautiful mountains. There a group was already waiting eagerly to learn more about the wonderful effects of Homa Therapy. They had been invited by the owners, Mrs. **Irma Lucia Galvez** and **Ana Fierro** and Mr. **Saul Ivan Galvez**. They also placed some posters and sent the invitation through the Internet. The multipurpose room of the Monastery was full of happy and open-minded people.

Prof. Abel explained in depth this ancestral technique of healing, given through the Vedas. Aleta showed healing testimonies according to the need of the people present. Some therapeutic Yoga exercises were well received and gave us a clue about the psycho-physical state of the group..

Photos this page:
-Presentation and Teaching of Homa Therapy.



-Checking health problems and practicing Therapeutic Yoga.

EVENTS in SANTA ELENA, ANTIOQUIA, COLOMBIA

At the time of Agnihotra, most of the pyramids were lit for the first time by their proud owners. One could sense their fervent desire, longing, faith and confidence that the practice of this healing technique will bring blessings in so many ways.

After singing the evening Mantra, we surrendered to Silence and Meditation guided by Prof. Abel.

Then we chanted the Mantra **"OM SHREE"** together for some time and the energies of Peace and Wellbeing kept on spreading ...



It was an Encounter of great joy, sharing and seeing the Homa family grow in love wherever this technique is practiced. There was the presence of a couple of singers and songwriters, **Patricia Garcia & Mauricio Perez (photo below left)**, who delighted us with their songs and music. We also listened to **Oscar Mani (photo below center)**, who sang Mantras accompanied by his guitar. At the end, everyone wanted and also received the healing Agnihotra ash.



In Medellin, we were invited to stay with **Maria Fernanda Leon**, her daughter **Maria Jose** and Mother **Dora Betancur**.

1st photo right-Maria Fernanda León - with white top

2nd photo Ana Maria Betancur

Maria Fernanda and Ana Maria made the preparations for the events in Medellin through posting posters in key points and by invitation through the media. Both know Homa Therapy since a few years and after seeing much assistance and need, they felt encouraged to resume their practice more regularly and to share it.



EVENTS in MEDELLIN, ANTIOQUIA, COLOMBIA, SUR AMERICA



In *El Poblado, Medellin, at the Urban Studios Hotel*, many people came in search of a healthier life and positive energies for healing body, mind and soul. **This was another blessed and loving encounter.** Maria Fernanda felt called and encouraged to offer Homa Therapy more frequently in this appropriate & beautiful environment.



After Agnihotra, everyone wanted to know more about this balancing and energizing practice and so Prof. Abel continued with the teachings. Mother Dora had brought Agnihotra kits from the BoticaSol and they changed their owner quickly.

(Photos this page: Homa Presentation at the Urban Hotel in Medellin.)

EVENTS in ARMENIA, QUINDIO, COLOMBIA, SUR AMERICA



Back in Armenia for two days, we continued to share Homa Therapy at BoticaSol with many attendees. Every day people arrive, half an hour before sunset to witness and take advantage of these free Homa healing sessions. **(Photos: during Agnihotra in BoticaSol.)**



EVENTS in CALI, VALLE DEL CAUCA, COLOMBIA, S. AMERICA



The next destination on the Homa Colombia Tour 2019 was the big city Cali. Prof. Abel took the opportunity to present Homa Therapy through a **TV interview**. He invited everyone to the **Homa Festival in a Cali University**. (Photo above left.)

For the afternoon, **Prof. Arnaldo Ríos**, had organized an audio-visual presentation of



*Homa
Therapy in
the "Free
University".*

(Photo above right and left during the presentation and practice of Agnihotra at the Free University.)

The day of the **Cali Homa Festival arrived**. The preparations had been made with great care at the **Universidad del Valle**. It was organized by the young **musician Alelí Mesa Giraldo and her group**, with the help of **Prof. Jeiber Gallegos** and other colleagues. **It was an event full of Grace and Love!** (Photo below in the auditorium of the University during the presentation of Homa Therapy.)



EVENTS in CALI, VALLE DEL CAUCA, COLOMBIA, S. AMERICA



There was much interest from the participants in knowing about the **benefits of Homa Therapy, its applications, its practice and its healing ash.** There were live Homa healing testimonies and also video testimonies projected on a gigantic screen. The people also enjoyed simple therapeutic exercises and **several intervals filled with songs, music and poetry.**

**Photos of the artists:
Cindy Muñoz, Max Ruiz,
Estefanía Montoya and
Christian Lara.**



Everyone in the Homa Festival learned to sing the sunset Agnihotra Mantras. So, the audience vibrated with this chant. Our hearts were full of the great joy that emanated with the Light of the AGNIHOTRA Healing Fires.

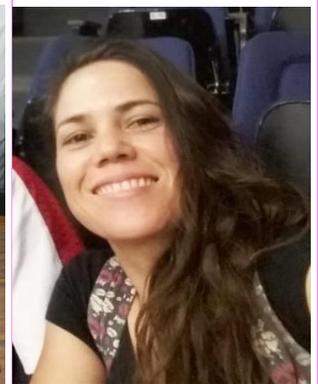
EVENTS in CALI, VALLE DEL CAUCA, COLOMBIA, S. AMERICA



Each one of the approx. 400 attendees received the effects of the Agnihotra Fires silently with gratitude and humility.

For closing, **Alelí** (photo far right) gifted the audience some of her songs while a group of children danced and handed out lovely flowers.

(Photos of the Cali Homa Festival at the Universidad del Valle.)

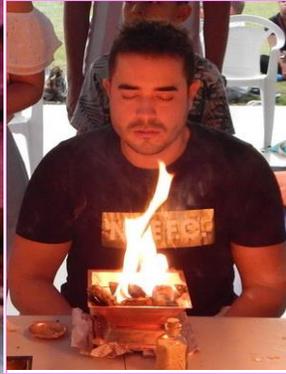


EVENTS in CALI, VALLE DEL CAUCA, COLOMBIA, S. AMERICA



The couple **Milthon & Giovanna** (photo left with their little son) were our lovely hosts in Cali.

This couple is practitioner of **Kriya Yoga**. They invited their companions to witness, experience and know Homa Therapy. We found much interest in this ancestral technique of healing and its practice. Several people were lighting their Agnihotra healing fire very joyfully for the first time!



After Agnihotra, questions and answers continued. Everyone enjoyed being in this atmosphere blessed by the Kriya Yoga Masters.



EVENTS in MANIZALES, CALDAS, COLOMBIA, SOUTH AMERICA



After Cali, we arrived once again in the city of **Manizales in the Dep. Caldas**, part of the Coffee Zone of Colombia and famous for its natural beauty. This was in the lovely company of Lucas Maya, Agnihotri for many years. People had been invited by the radio to learn about Homa Therapy and to experience Agnihotra in the **Manimez** restaurant of Mr. Ivan Jimenez and his family.

(Photos above, to the left and below with the public, presenting and practicing Agnihotra in Manizales.)



The last day of our stay in Colombia, we participated in a great event: **BoticaSols' 20th Birthday!** (Photo left.) 20 years of service to the community, teaching **Good and Healthy Living** in a startling Vegetarian Restaurant, through a wide range of self-knowledge and self-development courses, lectures from spiritual teachers, dance, yoga workshops, and Homa Therapy, which is offered free of charge, 6 days a week, from Monday to Saturday, throughout the year.

EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



On this day, there were many activities in honor of Boticasol and its founder, Mrs. Dora Betancur. **(Photos of this page: Agnihotra and the beloved Yoga classes in BoticaSol.)**

We congratulate all the workers at BoticaSol for their love and for giving their best with a beautiful smile!

We wish to THANK from the depths of our hearts all the Agnihotris in Colombia, the Homa promoters, our wonderful hosts and companions along the Homa Tour for their unconditional service with Homa Therapy.
OM SHREE OM



AROUND THE WORLD - BOGOTA, COLOMBIA, SOUTH AMERICA



The photos of this page came from Bogotá: Sharing Homa Therapy on several occasions. Photos were sent by the Fire couple, Diana and Endir and Mr. Eduardo.



AROUND THE WORLD - BUCARAMANGA, COLOMBIA



From **Bucaramanga**, photos were sent by **Mrs. Judith Sanabria**, showing the continuous Homa meetings in the Awen Club, where the public is invited for free Agnihotra healing sessions. **Photos left and below: Homa teachings and activities at the Awen Club, where also alternative therapies, knitting and painting courses, etc. are being offered.**



AROUND THE WORLD - GUAYAQUIL, ECUADOR, S. AMERICA



Photos above and below: Meetings in Guayaquil to practice Agnihotra, Tryambakam Homa and other Homa Fires.



AROUND THE WORLD - VINCES, LOS RIOS, ECUADOR



In the **Homa Center Finca La Zenaida**, the sun rises and hides always in the company of Agnihotra Fires! There, Naturopath **Luis Carriel** and his wife, Mrs. **Sara Eulogia Bustamante Munoz (photo below)** run their consultations. They wrote:

We have people arriving from Quevedo (2 hours), from Guayaquil (3 hours), Babahoyo (1.5 hours) and from Vinces and its surroundings. **The people who attend the Homa fires are very happy because they have improved their quality of life. Some have healed of migraine, asthma, allergies, ovarian cysts, kidney stones, gastritis and many other ailments.** Greetings and a big hug. Om Shree Om



AROUND THE WORLD - VINCES, ECUADOR, SOUTH AMERICA



Photos on this page:
More meetings around the **healing Agnihotra fire** in the **Homa Center Finca la Zenaida**, where this technique is shared for free on a daily basis at sunrise and sunset.



AROUND THE WORLD - BELGAUM, KARNATAKA, INDIA



Mr. **Vinayak Lokur** shared about an Encounter with young people:

Rotary Youth Leadership Awards (RYLA) is an intensive leadership experience organized by Rotary clubs and districts where you develop your skills as a leader while having fun and making connections.

Indeed it was a pleasure to spend time & interact with the youth during the RYLA organized by Rotary club of Belgaum South, at Kulgi Nature Camp.

Discussed various topics related to Patriotism, Leadership, Managing Emotions, Building Self-confidence & Career Goal Setting.

I also had an opportunity to demonstrate Agnihotra. Distributed literature concerning to Agnihotra so that each of the 98 children & the rotary club members, could carry the information to their respective homes. Also answered the instant questions the group had in mind.

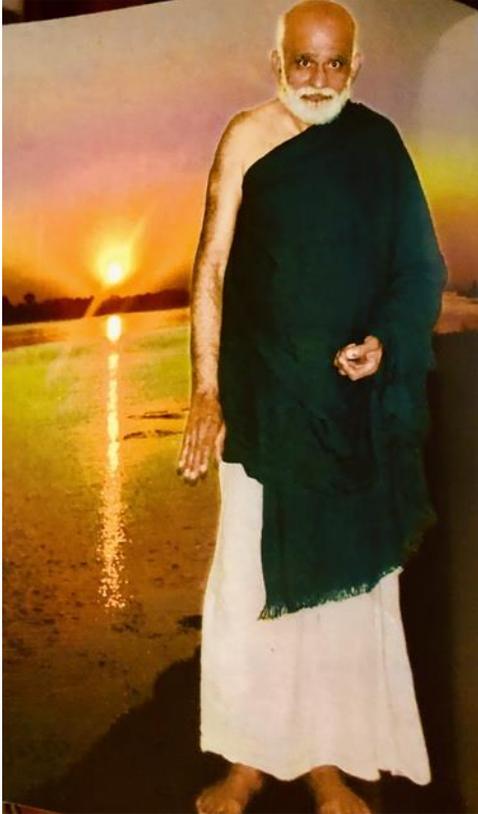
The innocence of the young minds and their exuberance keeps one rejuvenated.

Wishing them all the best.

Regards, Om Shree Om



MESSAGES FROM MASTER SHREE VASANT



EGO

What he is going through now is, in a sense, a part of the ego dying. The fight is holding on to the ego and all of its trappings.

Always the ego has choices. No one can interfere in these choices

One makes the choice to follow the ego further into disillusion and one must pay the price for such folly. When one consciously chooses to follow the way of the Master or the spiritual disciplines laid out for him all his life, then and only then can one reap the joys that are to come to him. Always aspire to that higher level.

Always you have that free will and in the past you have exerted that free will quite readily. You are always free to choose.

Instead of thinking of oneself as something special, one should feel that it is some privilege to be utilized as an instrument for this work. This prevents the ego from being nurtured.

DESIRES

Concentrate fully. Do not give in to desires. Walk away from temptations for now the forces opposing Us also increase in power. Refrain from desires, lust, anger, greed. Then all will be given by Grace. This is the time now.

ATTACHMENT

There are those highly devoted people who live in the material world, who participate in earthly fulfillment, but their focus is not that. Then sex, for example, becomes an act of love, not only lust. Without attachment one can live in this world yet one's focus stays centered in the holy, the divine. Focus on the work. Get out of this mundane way of thinking, when all the mind does is to create desires and seek to fulfill them.

JOY

You go a little higher and all becomes joy. This is not for future. This joy is within you right now. Once you are filled with this love everything changes. With such a love there are no expectations. ONLY LOVE. Pure and simple. It is waiting for you. Make the effort.

AGNIHOTRA

Importance of Agnihotra goes beyond scientific explanation. It gives a link with the Almighty. When you see past the physical you begin to think of what importance this is. Through Agnihotra many will be brought home.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Oneness

It is the lifting of veils that is the culmination, the release of what is One, into what is ALL. This is something which cannot be wished for, cannot be worked for, and cannot be given until precisely the correct moment in time when the disciple reaches that pivotal state of at-ONE-ment. One cannot predict when, nor program times. It just is and will be, when the time is right.

Oneness with all of humanity and an embracing of the universal life force can occur in a split second, and often does appear in glimpses of that heightened state of serenity and awareness, only to be overshadowed by one's increasing demands on the material plane.

However, there is a step missing here. One reaches a point in one's life when one can still perform necessary duties on the material plane and remain in the heightened state of purity and Grace which dawns upon one when one is ready. That step is the one which comes with non-attachment, neither to the material nor to the spiritual! One's heart and soul come together as one force and nothing breaks that level of clarity of mind, body and spirit.

Most assuredly, this is one's aim in life on spiritual path. If one substitutes fame or fortune at any point on spiritual path, that lofty possibility becomes mired with the fog of a divided heart. Hmmm, the bane of many spiritual beings' existence! One can see many dashing about in robes of various colours, each in pursuit of adoration and glory. Should they but realize the trade-off, they would be ashamed and dismayed by their loss.

Always maintain humility which the great masters have shown. For in so doing, the task for which you have been born into human frame can indeed reach completion, and the seemingly lofty goal of 'I and My Father are One' can become not only feasible but actual.

Always, always, remember to surrender to that which is Divine Will and temper your own desires, longings and wishes. When you embrace that which is destined to be, you reap the harvest designed for your soul.

Blessings abound.
We are,
Orion

On Walking the Talk

One cannot take on the mantle of realization without truly walking the path with full concentration and sincere longing for Divine.

No matter how many disciples one amasses with one's foray into the spiritual realm, unless one's heart is pure and one's aim is true, one ends up fooling no one but himself. All of you have seen such displays of famous gurus playing out their desire for fame and fortune! The world is full of such.

However, those who speak the Truth are neither interested in fame nor tempted by fortune. They speak the Truth and are often silent in regards to their own greatness.

Humility is the mark of the true follower of Divine Truth.

OM.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!